

"HEALTH WARNING"
"If You Look After Your Heart It Will Look After You"

Following the success of last November's Men's Health Event, the East Bridgford Patient Reference Group are holding a Cardiac (heart) Health Awareness Event, at East Bridgford Medical Centre from 10am. to 12.30pm on Saturday 7th September 2013.

This event will involve professional input from a Hospital Consultant, medical staff from the Practice and others. It will be an opportunity to find out more about the health issues arising from heart problems that affect men and women, and how to act on that knowledge, thereby increasing the chances of early detection, diagnosis, effective treatment and support.

We hope to see you there!

Mike Handy
Chair. East Bridgford PRG.